



20
MONKS SPA
AT MACHYNYS

SPA PACKAGES

Monks Experience	£84
Blissful Day	£94
Ancient Ritual Day	£104
Revival Day	£114
Stress Recovery Day	£163
Mums to be	£114

SIGNATURE TREATMENTS

Monks Back, Face & Scalp Treatment	£104
Face Pressure Point & Scalp Massage	£63
Monks Back Ritual	£63
Monks Face Ritual	£63
Revival Back & Face	£75
Monks Intensely Cleansing Salt Scrub	£75

Food is not included in the Monks Experience Day

A £5.00 supplement applies to all Spa Day Packages booked Friday to Sunday

MASSAGES

Muscle Warming Massage	
• 30 minutes	£49
• 1 hour	£75
Hot Stone Massage	
• 45 minutes	£63
• 1 hr 15 minutes	£85
Aromatherapy Massage	
• 45 minutes	£63
• 1 hr 15 minutes	£85
Peaceful Pregnancy Massage	
• 1 hr 15 minutes	£87

LUXURY FACIALS

Monks Facial	
• 30 minutes	£49
• 1 hour	£75
Elemis Pro -Glow Smooth	£85
Elemis Pro-Glow Resurface	£85

AESTHETIC FACIALS

Image Skincare - The O2 Lift	£75
Image Skincare – Ormedic Lift	£75
Image Skincare – Signature Facelift	£75
Image Skincare – Wrinkle Lift	£85
Image Skincare – Lightening Lift	£85
Image Skincare – Acne Lift	£85

SkinPen Precision

- Full Face Rejuvenation £180
- Neck Rejuvenation £170
- Decolletage Rejuvenation £165

WELLNESS

Wellness Acupuncture

- 30 minutes £45
- 45 minutes £60

Physiotherapy

- 1 hour £60
- 45 minutes £45

Shockwave (15 mins) £60

Physiotherapy & Wellness

Acupuncture Package £60

Facial Acupuncture £85

Facial Acupuncture & Wellness £90

Reflexology £75

ESSENTIALS

St Tropez Air Brush Tan £27

Monks Deluxe Manicure / Pedicure

- 1 Hour £50
- 45 minutes Nail Prep & Gel Finish £50
- 1 hr 15 minutes Deluxe & Gel Finish £60
- 30 minutes Soak off £30

Eye Treatments

- Eyebrow Tint £16
- Eyelash Tint £20
- Eyelash & Eyebrow Tint £25
- Lash Lift £53

Waxing

- Eyebrow £16
- Lip or Chin £16
- Lip & Chin £18
- Standard Bikini £21
- Brazilian £28
- Hollywood £33
- Forearm £20
- Full Arm £25
- Under Arm £18
- Half Leg £24
- Full Leg £28
- Men's Back £25
- Men's Chest £25
- Men's Back, Chest & Shoulders £44